



Post a pic of your kit
and tag us on IG to
get a FREE 30 minute
1:1 with a registered
nutritionist!



Hey! Welcome to your
Vojo DNA test kit.

Let's begin...

1 Register your kit

Go to vojo.health/register-kit and register your kit using the bar code number provided. If you don't do this, your sample won't be processed!

2 Collect your sample

Please follow the instructions overleaf carefully to collect your sample correctly.

3 Post your sample back to us

Place your sealed sample into the prepaid return envelope and post it back to us.*

*May include extra postage costs if posting from outside the UK.

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Questions? Send us an email at support@vojo.health or visit www.vojo.health

How to collect your sample



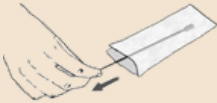
Take your DNA sample at least 1 hour after eating, drinking or cleaning your teeth. For best results, rinse mouth with water immediately prior to sampling.

1



Pull open the package from one end.

2



Remove the swab from the wrapper, taking care not to touch the white swab head with your fingers.

3



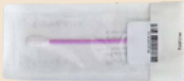
Rub the swab firmly against the inside of your cheek, or underneath either lip for 20 seconds to 1 minute - use reasonable, firm and solid pressure.

4



Place the swab head first into the RapiDri pouch so that the head sits within the drying area.

5



Fold the RapiDri pouch at the fold line, with the clear side inwards, and use the barcode sticker to seal.

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